

# THE BIG SHED

NEWSLETTER NO: 17

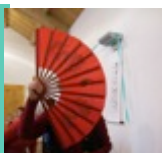
June 2013

## Weekly Yoga



Yoga on Friday mornings  
from 10.30 to 12 noon with  
Emma Burtles £5.00

## Weekly Tai Chi



Tai Chi classes Thursday  
mornings 10.30 to 12 noon  
with John Connelly  
£5.00 per session

## Therapy Sessions



Core Synchronism-body work  
and relaxing oil massages,  
every Tuesday afternoon  
starting on 11<sup>th</sup> June.

Phone Lauri (07766 395491)  
or Gabriela (07425 205420)  
for more information or to  
make an appointment.

## Dates for your Diary

- \* String Trio / Indian Tabla  
workshop & concert  
**Tuesday July 23<sup>rd</sup>**
- \* Rallion traditional music trio  
**Saturday October 5<sup>th</sup>**
- \* Baby Isaac Jazz and Blues  
**Saturday November 16<sup>th</sup>**

## Events in June



Concert by S1 – S6 Students from the  
Highland Traditional Music School of  
Excellence in Plockton

Wednesday 19<sup>th</sup> June at 7.30

Tickets still available

£10.00 from Jane Watts (07766 566935)

A Whisky Nosing and Tasting Evening with  
Steve Oliver: Thursday 13<sup>th</sup> June 7.30 to 9.30 pm  
Six single malt whiskies will be sampled,  
explained and discussed over the evening.

Tickets £10.00

Booking essential as numbers are limited

Gardening Club:

Next meeting Monday 24<sup>th</sup> June at 6.30pm

For information and bookings please contact Jane Watts:  
Phone 07766 566935 or email [jane@bigshed.org.uk](mailto:jane@bigshed.org.uk)



## National Hang Gliding Championships

They came, they waited, they waited some more and waited again, until eventually, on the afternoon of the last day, they flew!!!

We were thrilled to meet the 30 plus hang-gliders and their families as they held their annual championships in Scotland, using the Big Shed as their HQ and base for five days at the beginning of May. With a sport that needs a wind speed of less than 6 knots per hour, any flying time must be a bonus! The pilots spent several days exploring the local area in ways other than flying, including a quiz night and a curry night at the Big Shed. Some participants were of international stature, and many had traveled from England for the event, so there was relief all round when the weather cleared and twenty pilots took off from Ben Lawers, with nine achieving the target of landing in Glencoe.

For information on events visit the Big Shed blog:  
<http://thebigsheds.blogspot.com/>

## Price Guide

### COMMUNITY HALL

From £6 an hour to £60 a day

### KITCHEN

From £3 an hour to £30 a day

### STUDIO

From £4 an hour to £25 a day

### WHOLE BUILDING

From £48 a half day to £115 a day

Weekend £150 to £350

To enquire about prices and availability or to make a booking, contact Jane Watts 07766 566935  
[jane@bigshed.org.uk](mailto:jane@bigshed.org.uk)

## More...

In the kitchen.....



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